

**Make sure to read this instruction sheet before taking this medicine. Additionally, store this sheet so that it can be referenced when needed.**

# Throat

For severe sore throat and fever

## PABRON SELECT T

Brand name: PABRON SELECT T **Class 2 OTC drug** <Cold medicine>

◆ **PABRON SELECT T** is a cold medicine containing a combination of 8 active ingredients, including ambroxol hydrochloride and L-carbocisteine, and is effective against various cold symptoms such as sore throat and fever.



### Precautions for Use



### Things You Must Not Do



(Failure to follow these precautions may lead to your current symptoms worsening or a greater chance of side effects or accidents occurring)

- 1** The following persons should not take this medicine:
  - Persons who have had allergic symptoms to this medicine or any of its ingredients.
  - Persons who have experienced asthma while taking this medicine or other cold medicines or antipyretic analgesics.
  - Children under 15 years of age.
  - Pregnant women whose due date is within 12 weeks.
- 2** Do not use any of the following medicines while taking this medicine:
 

Other cold medicines, antipyretic analgesics, sedatives, antitussive expectorants, oral medicines containing antihistamines, etc. (oral medicines for rhinitis, motion sickness medicines, allergy medicines, etc.)
- 3** Do not drive a vehicle or operate machinery after taking this medicine (You may experience drowsiness, etc.)
- 4** Do not take this drug if you are breastfeeding, or avoid breastfeeding if you are taking this drug (This medicine has been confirmed to have transference into breast milk in animal tests)
- 5** Do not drink alcohol before or after taking this medicine
- 6** Do not take this medicine for more than 5 days



### Things To Consult On



- 1** The following individuals should consult with their doctor, pharmacist, or a registered seller before taking this medicine
  - Persons receiving treatment from a doctor or dentist.
  - Persons who are pregnant or who think they may be pregnant.
  - Elderly persons.
  - Persons who have had allergic symptoms due to medication or similar substances in the past.
  - Persons with the following symptoms:
    - High fever, difficulty urinating
  - Persons who have received any of the following diagnoses:
    - Thyroid dysfunction, diabetes, heart disease, hypertension, liver disease, kidney disease, glaucoma, systemic lupus erythematosus, mixed connective tissue disease, respiratory dysfunction, obstructive sleep apnea, obesity
  - Persons who have had the following diseases:
    - Gastric/duodenal ulcer, ulcerative colitis, Crohn's disease
- 2** If any of the following symptoms appear after you have taken this medicine, you may be experiencing side effects. As such, discontinue use immediately and consult with your doctor, pharmacist or registered seller, bringing this instruction sheet with you

Relevant Area	Symptoms
Skin	Rash, redness, itching, edema, bruising
Digestive system	Nausea/vomiting, loss of appetite, stomach discomfort, stomach pain, canker sores, heartburn, upset stomach, gastrointestinal bleeding, abdominal pain, diarrhea, bloody stool, stomach/abdominal bloating
Neuropsychiatric system	Dizziness, numbness
Circulatory system	Palpitations
Respiratory system	Shortness of breath
Urinary tract	Difficulty urinating
Other	Blurred vision, ringing in ears, swelling, nosebleed, bleeding gums, diabetes that does not stop easily, bleeding, back pain, excessively low body temperature, feeling sluggish

In rare cases, serious side effects listed on the right may occur. In such cases, see a doctor immediately.

Symptom Name	Symptoms
Shock (anaphylaxis)	Itching, hives, hoarse voice, sneezing, itchy throat, breathlessness, palpitations, and confusion immediately after taking this medicine.
Mucocutaneous ocular syndrome (Stevens-Johnson syndrome), toxic epidermal necrolysis	High fever, bloodshot eyes, eye discharge, lip sores, sore throat, widespread skin rash/redness, etc., that persists or worsens rapidly.
Liver dysfunction	Fever, itching, rash, jaundice (yellowing of the skin and whites of the eyes), brown urine, general sluggishness, loss of appetite, etc.
Kidney damage	Fever, rash, decreased urine output, general swelling, general sluggishness, joint pain, diarrhea, etc.
Aseptic meningitis	Severe headache accompanied by stiffness in the neck, fever, nausea/vomiting, etc. (Such symptoms are particularly frequently reported in those receiving treatment for systemic lupus erythematosus or mixed connective tissue disease.)
Myocardial infarction*	Tightening of the chest, difficulty breathing and cold sweat.
Cerebrovascular disorder*	Sudden reduction or loss of consciousness, difficulty moving a hand or foot on one side, headache, vomiting, dizziness, difficulty speaking or forming words, etc.
Interstitial pneumonia	Shortness of breath or difficulty breathing on exertion, such as when climbing stairs, dry cough and fever, etc. These symptoms may appear suddenly or persist.
Asthma	Difficulty breathing or a wheezing or whistling sound when breathing.
Aplastic anemia	Bruising, nosebleeds, bleeding gums, fever, pale skin and mucous membranes, fatigue, palpitations, shortness of breath, feeling unwell and dizzy, blood in urine, etc.
Agranulocytosis	Sudden high fever, chills, sore throat, etc.
Respiratory depression	Shortness of breath, difficulty breathing, etc.

**3** The following symptoms may appear after taking this medicine. If these symptoms persist or worsen, discontinue use and consult with your doctor, pharmacist, or registered seller, bringing a copy of this instruction sheet with you  
Constipation, dry mouth, drowsiness


**4** If symptoms do not improve after using this medicine 5 to 6 times, discontinue use and consult with your doctor, pharmacist or registered seller, bringing this instruction sheet with you  
(especially if fever lasts for more than 3 days or occurs repeatedly).

## Efficacy

Relieves cold symptoms (sore throat, fever, cough, phlegm, runny nose, stuffy nose, sneezing, fever, chills (feeling cold due to fever), headache, joint pain, muscle pain)

## Usage/Dosage

Take the following dosages with room-temperature or lukewarm water within no more than 30 minutes after meals.

Age	Single dose	Number of doses
Adults (15 years and older)	2 tablets 	3 times a day
Under 15 years old	Do not take this medicine	


**Note:**

- (1) Strictly follow the prescribed usage and dosage.
- (2) How to take out the tablets:  
As shown in the illustration, press the convex part of the PTP sheet containing the tablet hard with a fingertip to tear the aluminum foil on the reverse side, remove the tablet, and take it. (Accidental ingestion of the PTP sheet as-is may lead to unexpected accidents, such as penetration into the esophageal mucosa.)



## Ingredients

In 2 tablets

	Ambroxol hydrochloride	15 mg	Activates the ciliary movement of the airway mucous membranes and smooths the surface of the mucous membranes, making it easier to discharge phlegm that causes throat symptoms.
	L-carbocisteine	250 mg	Returns airway mucus and mucous membranes toward their normal state and makes it easier to expel phlegm.
	Dipotassium glycyrrhizinate	13.3 mg (40 mg in 6 tablets)	Reduces inflammation and relieves sore throat.
	Ibuprofen	150 mg	Works on the source of inflammation and pain to relieve sore throat and fever.
	Dihydrocodeine phosphate	8 mg	Acts on the cough center in the brain to relieve coughing.
	<i>dl</i> -methylephedrine hydrochloride	20 mg	Opens the bronchi, makes breathing easier, and relieves coughing.
	Chlorpheniramine maleate	2.5 mg	Suppresses symptoms of sneezing, runny nose and stuffy nose.
	Riboflavin (vitamin B <sub>2</sub> )	4 mg	Replenishes vitamins consumed quickly during a cold.

Additives: Anhydrous silicic acid, cellulose, calcium hydrogen phosphate, hydroxypropyl cellulose, sodium starch glycolate, magnesium stearate

**Note:**

Do not worry if your urine is yellow after taking the product. This is caused by vitamin B<sub>2</sub> contained in the product.

## Precautions for Storage and Handling

- (1) Store in a cool, dry place away from direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not replace the medicine into a different container. (This may result in misuse or a change in quality)
- (4) Do not take the product after the expiration date. Use this medicine within 6 months of opening, even if still within the expiration date. (In order to ensure quality)



### Disclaimer on Multilingual OTC Product Information

- This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
- Multilingual product information is a translation of the product labeling written in Japanese and provided for your information only. It does not warrant that its contents and the product itself conforms to laws and regulations in countries other than Japan.
- Multilingual product information is a tentative translation by the provider (or Our Company), and may be modified or altered without notice.
- The provider (or Our Company) assumes no responsibility for any occurred problem attributable to the contents of the multilingual product information.