

Before using this medicine, be sure to read this written instruction.
Also please keep it in a safe place so that you can read it when necessary.

01

Antitussive and expectorant

Designated Class 2
OTC Medicine

Suppresses severe coughs and reduces phlegm.

ルル®ダイレクト S錠

Lulu® Direct S Tablets

Features of Lulu Direct S Tablets

1. Two antitussive ingredients, dihydrocodeine phosphate and noscapine, act on the cough center to relieve severe coughs.”
2. dl-Methylephedrine hydrochloride dilates the bronchi to ease breathing and relieve severe coughs.
3. Chlorphenamine maleate relieves allergy-related coughs.
4. L-Carbocysteine helps normalize the condition of the airway mucosa and expel phlegm, one of the causes of coughs.
5. Easy-to-carry with PTP packaging.



Precautions



Things to avoid

(If you fail to follow these precautions, your present symptoms may worsen, or side effects/accidents may occur more readily.)

1. Do not take this medicine if:

- (1) You have experienced allergic reactions to this medicine or its components in the past
- (2) You are a child under the age of 12 years old.

2. Do not use any of the following medicines while taking this medicine:

Other antitussives, expectorants, cold medicines, sedatives, oral medicines containing antihistamine (oral medicines for rhinitis, motion sickness medicines, anti-allergic medicines, etc.)

3. Do not drive a vehicle or operate machinery after taking this medicine

(May cause sleepiness or other effects).

4. Do not take this medicine if you are breast-feeding or avoid breast-feeding when taking this medicine.

5. Do not use this product in excess of the specified dose or for a prolonged period.



Things to consult

1. Consult with a doctor, pharmacist, or registered salesclerk before taking this medicine if:

- (1) You are receiving medical treatment.
- (2) You are pregnant or might be pregnant.
- (3) You are elderly.

(4) You have experienced allergic reactions to medications before.

(5) You are experiencing any of the following symptoms:

High fever, dysuria

(6) You have been diagnosed with any of the following conditions:

Heart disease, hypertension, diabetes, glaucoma, liver disease, thyroidal functional disorder, respiratory functional disorder, obstructive sleep apnea syndrome, obesity

2. If any of the following symptoms occur after taking this medicine, they may indicate side effects. Discontinue use immediately and consult with a doctor, pharmacist, or registered salesclerk with this instruction leaflet.

Related Part	Symptoms
Skin	Rash/redness, itching
Digestive system	Nausea/vomiting, loss of appetite
Neuropsychiatric system	Dizziness
Urinary system	Dysuria

In rare cases, the following severe symptoms may occur. In such cases, seek medical attention immediately.

Name of Symptom	Symptoms
Shock (anaphylaxis)	Symptoms such as itchy skin, urticaria, hoarseness, sneezing, itchy throat, difficulty breathing, palpitations, and clouding of consciousness may occur immediately after taking this medicine.
Oculomucocutaneous syndrome (Stevens-Johnson syndrome), toxic epidermal necrolysis	Hyperthermia, ocular hyperaemia, eye discharge, lip erosion, pain throat, widespread skin rash/redness, etc. may persist or suddenly worsen.
Liver dysfunction	Symptoms such as fever, itching, rash, jaundice (skin and whites of the eyes turn yellow), brown urine, general malaise, loss of appetite, etc. may occur.
Aplastic anemia	Symptoms such as bruises, nosebleeds, bleeding gums, fever, pale appearance of skin and mucosa, fatigue, palpitations, shortness of breath, dizziness due to nausea and blood in the urine may occur.
Agranulocytosis	Symptoms such as acute high fever, chills, and sore throat, etc. may occur.
Hypoventilation	Symptoms such as shortness of breath and difficulty breathing, etc. may occur.

3. The following symptoms may occur after taking this medicine. If these symptoms persist or worsen, discontinue use and bring these instructions to a consultation with your doctor, pharmacist, or registered salesclerk.

Constipation, dry mouth, drowsiness

4. If symptoms do not improve after 5-6 doses, stop taking this medicine immediately and bring these instructions to a consultation with your doctor, pharmacist, or registered salesclerk.

Indications

cough, phlegm

Dosage and Administration

Take the following amount with water or warm water.

Age	Amount per dose	Number of doses per day
Adults (15 years or older)	2 tablets 	3 times Take this product after meals.
12 to 14 years	1 tablets 	
Under 12 years old	Do not take.	

<Precautions related to Dosage and Administration>

- (1) Strictly follow the Dosage and Administration.
- (2) Use by children of 12 years and over should be supervised by a parent or guardian.
- (3) How to take out the tablets:
As shown in the figure on the right, use your finger to push the PTP sheet that contains the tablet. Take off the aluminum foil on the back and ingest the tablet.
(If you mistakenly take the tablet with the wrapping on it, it could puncture the mucous membrane of the esophagus and lead to other unknown consequences.)



Ingredients and Quantities

This product is a white film coated tablet containing the following ingredients per 6 tablets.

Ingredient	Quantity	Function
Dihydrocodeine Phosphate	24 mg	Works on the cough center to relieve coughs.
Noscapine	60 mg	
dl-Methylephedrine Hydrochloride	75 mg	Expands the bronchial tubes, relieves coughs.
Chlorpheniramine Maleate	12 mg	Relieves allergy-related coughs.
L-Carbocisteine	750 mg	Makes it easier to get rid of phlegm, one of the causes of coughs, by clearing the airways in the mucous membrane.

Additives: Cellulose, Lactose, Hydroxypropylcellulose, Hydrogenated Oil, Anhydrous Silicic Acid, Magnesium Stearate, Hypromellose, Titanium Oxide, Talc, Carnauba Wax

Storage and Handling Precautions

- (1) Store in a cool and dry place and out of direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not transfer and keep in a different container. (It can lead to misuse or lowering of quality.)
- (4) Please do not use the product after the indicated expiration date. Also, after opening the foil pouch, use the product within 12 months.
- (5) Write the opening date in the "Date Opened" field on the box.

If you have any questions about this product, please contact the store where you purchased it or at the following address:

Daiichi Sankyo Healthcare Co., Ltd. Customer Service Center

3-14-10, Nihonbashi, Chuo-ku, Tokyo, Japan zip/postal code 103-8234

TEL: 0120-337-336

Reception Hours: 9:00 am - 5:00 pm (closed on Saturdays, Sundays, and holidays)

For details about Lulu, visit www.lulu.jp

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Selling agency

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Manufacturer & Marketing Authorization Holder

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Homepage: <https://www.daiichisankyo-hc.co.jp/>